

Wonderful Wild Weeds

Herbwalk & Workshop

Saturday 4th August, 4-6pm



Explore the history, medicinal and culinary uses of our local flora. Join Janine and gather a variety of common, local, wonderful wild weeds, learn how to make an on the spot hayfever relief and collect a raw energy bursting spring salad.

Return to Botanica Medica and create your own sugar free Summer infused Cordial.

All materials and a plethora of herbal recipes provided. Bring pen & paper!

£20.00 per person, booking essential. Adults, children and dogs welcome. Please call 020 8892 9227 or info@botanicamedica.co.uk